

THE NEWS LETTER

Safety
Tip

Snowmobile Safety Tips

- * Operate a machine that's the right size
 - * Know your area
- * Dress for the weather
- * Always wear a helmet
 - * Ride with a buddy
 - * Never ride impaired
- * Ice thickness must be 25 cm thick
- * Carry an emergency kit and signal flares
- * Ensure sled is in good mechanical condition

www.nlipc.ca



NLIPC

NEWFOUNDLAND LABRADOR INJURY PREVENTION COALITION

2019 Winter Newsletter

Article 1 – Preventable Campaign

**If you think serious injuries just “happen,”
have a word with yourself**

The NLIPC and our many partners have been doing some great work the past few months including working with the Atlantic Collaborative on Injury Prevention (ACIP) and The Community Against Preventable Injuries to launch the Preventable Campaign.

You may have seen their TV commercial on preventing injuries – “seriously?” Yes, they make it feel real and make sure we all understand the importance of preparation in preventing injuries. Wearing a helmet or life vest, buckling up the seat belt, being mindful of our surroundings all seem simple enough but sometimes we need a reminder as not all people are wary of these basic safety measures. As they say, ‘an ounce of prevention equals a pound of cure’.

www.preventable.ca/join-the-community-in-atlantic-canada/

Learn More – preventable.ca

The NLIPC would like to welcome some of our new members including:

- [Youth Safety Council of Newfoundland and Labrador](#)
- [WorkplaceNL](#)
- [Transport Canada](#)
- **Distracteddrivingkillsnl** – web site coming soon
- **Avalon Trailways**

Become A Member

THE NEWS LETTER

Safety Tip

FireWorks Safety Tips

- * Follow the laws and regulations
- * Purchase from a reliable source meeting safety standards
- * Read the Instructions
- * Do not smoke around stored fireworks
- * Set up outdoors in a clear, open space
- * Light one at a time
- * Check wind condition
- * Have ample water supply on hand

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Article 2 - NLIPC Fall Activities

So what have we at the NLIPC been up to this past fall?

- Launch and participation in the Preventable Campaign in partnership with the Atlantic Collaborative on Injury Prevention (ACIP)
- Fall Prevention Month Launch & social media campaign
- Teen Driver Safety Week – Proclamation Signing and social media campaign.
- School Bus Safety Week Proclamation Signing and social media campaign.

The NLIPC and many of our partners continue to build upon the many facets of injury prevention we have engaged in over the past 10 + years. We know injuries are preventable and avoidable when we keep safety top of mind. Preventing falls has always been an initiative of the NLIPC as we partner with Fall Prevention Month to share resources and have events to discuss ways to prevent falls in both seniors and children alike. Linda Carter and Jeannette Byrne represented the NLIPC for the NL Fall Prevention Launch on November 5th at the Park Place Community Centre in Mount Pearl, NL.

The NLIPC also participated in the Proclamation Signing of National Teen Driver safety Week and School Bus Safety Week and several activities within the community.

Attending: Minister for Education and Early Childhood Development, Brian Warr, Safety NL, NLIPC, NL Youth Safety Council, Royal Newfoundland Constabulary, Royal Canadian Mounted Police in Newfoundland and Labrador, and Department of Education and Early Childhood Development.



THE NEWS LETTER

Safety Tip

Christmas Tree Safety Tips

- * Artificial trees should be flame resistant
- * Choose fresh over cheap and dry
- * Keep the water coming
- * Don't choke the cord
 - * Keep trees away from heat sources
- * Use low energy, safe lighting
 - * Never leave the lights on overnight

www.nlipc.ca

Article 3 - distracteddrivingkillsnl.ca

(Coming January 2020)

DISTRACTED DRIVING: *Driving while engaged in any activity that could divert a person's attention away from the primary task of driving.*

This past few months the NLIPC has been working with two ladies who lost their husbands, Shannon Pittman and Randy Ralph, because of a distracted driver. Miss Frances Ralph and Miss Sarah Pittman had to endure what no person should. Losing a loved one when it could have been prevented! Today the women are safe driving advocates, in the hope of preventing other families from experiencing what they went through that day.

These women have taken upon themselves to do their utmost to make everyone in Newfoundland and Labrador aware of their story so it won't happen again. As a result, the NLIPC, SafetyNL, the Youth Safety Council and many more partners are coming on board to support their cause.

They are currently developing a web site and social media mediums such as Facebook, Twitter and Instagram to share resources, stories and create more awareness to help STOP Distracted Driving altogether in Newfoundland and Labrador. The NLIPC and distracteddrivingkillsnl.ca are in discussion with a British Columbia group with the same goals and initiatives – www.distracteddrivingkills.ca - to work with them utilizing some of their resources and welcoming their guidance and support.

Drop the 'A' Word. It's not an 'accident' if it can be prevented! Distracted driving is totally avoidable and we all have a part to play when taking on the responsibility of driving a vehicle. Whether it is texting, putting on makeup, eating, exhaustion, talking to other passengers, playing with radio/navigation systems – this all has to stop when driving your vehicle.

Distracteddrivingkillsnl.ca is doing their best to ensure governments listen and act to legislate tougher penalties, as do our police forces enforce these laws and the public just learns the consequences aren't worth the action. **#distracteddrivingkillsnl**



THE NEWS LETTER

Make 2020
Injury Free

Have a Safe and
Happy Holidays!

Happy
Holidays!

NLIPC

PARTNERS
IN
SAFETY

www.nlipc.ca

Article 4 – Have a Safe and Happy Holiday



Membership Meeting Invitation

Join the NLIPC for our next membership meeting –

Wednesday, January 15 @1:00 - 2:00pm

Conference Call - Call-in: **1-888-396-8061** Code: **1005163** or
If in the St. John's area join us in person at Safety NL Office on
3 Moffatt Road, Mount Pearl - contact info@nlipc.ca to let us know
if you will be joining in person.

Topics for the call to include:

NLIPC update - Chair, Deanna Burns
Falls Prevention - Dr. Jeannette Byrne
Social Media - Chris Herridge



#DriveSafe #nltraffic #DontRiskIt

[Become A Member](#)

